

Foodwise Group Volunteer Opportunities

Build teamwork, connect with nature, and give back!



When you volunteer with Foodwise, you get a hands-on experience that engages all your senses in learning about and creating a sustainable and equitable food system, while giving back to your Bay Area community with others. When you spread fresh soil at a school garden, you will have direct experience in expanding access to fresh food for your community and youth in San Francisco.

Foodwise coordinates volunteer activities for groups of 10 to 20. Participants enjoy an experience that strengthens connections within their team and gives back to our community. Based on the time of year, needs of your group, and schedule availability, groups may participate in the following activities:

SCHOOL GARDEN CLEANUP

- » Help with garden maintenance or garden building projects at one of 3 the San Francisco public high schools that participate in the [Foodwise Teens](#) program. Get your hands in the dirt and prepare the school farms for next semester's students!
- » **# volunteers:** 10-20 (potential to accommodate larger groups upon request)
- » **Time & location:** Weekdays, school gardens in Mission or Glen Park neighborhoods. Morning 9 am - 1 pm or afternoon 1 pm - 5 pm session, flexible timing based on your group. Minimum 30 days to schedule.



- » **Donation:** \$2,500, which includes gardening materials and farmers market refreshments

For all activities, we require a nominal donation to support our free education programs and help cover our staff time and materials costs in hosting your group.

We look forward to working with you to make an impact, connect with fresh food and nature, and have fun!

Let's talk!

Please contact us at volunteer@foodwise.org or (415) 291-3276 to learn more and book your group volunteer experience.

How your volunteering makes an impact in your community



Foodwise Kids

- » Through our **Foodwise Kids** program, 2,600+ SFUSD public elementary school students and their families learn to love fresh fruits and vegetables annually.
- » Through our **Foodwise Teens** paid youth development program, 100+ high school students are empowered to become change agents for a sustainable, equitable, and nourishing food future annually.



Foodwise Teens

- » Farmers markets provide vital food access for everyone. Customers using CalFresh/EBT benefits (food stamps) can double their dollars to buy fresh fruits and veggies through our **Market Match** program.
- » Small-scale family farms are critical to a resilient food system. **Foodwise's farmers markets** support more than 130 farms and food businesses.

What our volunteers say:



"My company has a history of volunteering with Foodwise through garden prep. The sessions are always super fulfilling, and volunteers love getting out into the elements, connecting with the earth, and learning about the hard work that goes into the produce that we eat. We even have some repeat volunteers, and we're hoping to make more of them in future volunteer sessions!"

— Jessica Padolina, BlackRock

Contact volunteer@foodwise.org or visit foodwise.org/group-volunteering

